

Fall Parent Workshops; School Age/Teen Series

Hosted by: YMCA of Simcoe/Muskoka, Child and Family Development Department



GASP; Games Adolescents Shouldn't Play

Free workshops for Parents and Caregivers of Pre Teens and Teens
Presented by Sharron Grant, Executive Director GASP

Set up by families of Choking Game victims, GASP is a global non profit campaign that fights this "game" with the most powerful weapon at our disposal: education.

The Choking Game involves an act of purposeful suffocation in order to achieve a temporary high. Learn who is playing the Choking Game, reasons why and some of the warning signs to watch for.

Where and When:

YMCA Child Care – Georgian College
1 Georgian Drive, Barrie
Tuesday, September 29th
6:30 pm – 8:00 pm

OR

YMCA Child Care – Jean Vanier
160 Collins Street, Collingwood
Tuesday, October 6th
6:30 pm – 8:00 pm



Triple P – Positive Parenting Program

FREE workshops for parents of kids in school because kids
don't come with an owner's manual!



Wednesday, October 14: Raising Responsible Teenagers

Parents discuss how to encourage teens to take part in family decisions, be respectful and considerate, get involved in family activities, develop healthy lifestyles and be reliable.

Wednesday, October 21: Raising Competent Teenagers

Explore how to encourage your teen to build the skills needed to do their best in school and prepare for jobs. Includes developing self-discipline, creating good routines, getting involved, problem solving, following school rules and having supportive friends.

Wednesday, October 28: Getting Teenagers Connected

Parents explore the importance of getting teens positively involved in their communities. The seminar discusses several ideas and parenting strategies to help teens create positive connections.

For: Parents of Children aged 10 - 16 year

Where and When:

Barrie YMCA
22 Grove Street West, Barrie
Session dates outlined above
9:30 am – 11:30 am



An initiative of the Child, Youth
and Family Services Coalition,
Simcoe County

Register for all workshops by calling (705)726-6421, ext. 421