

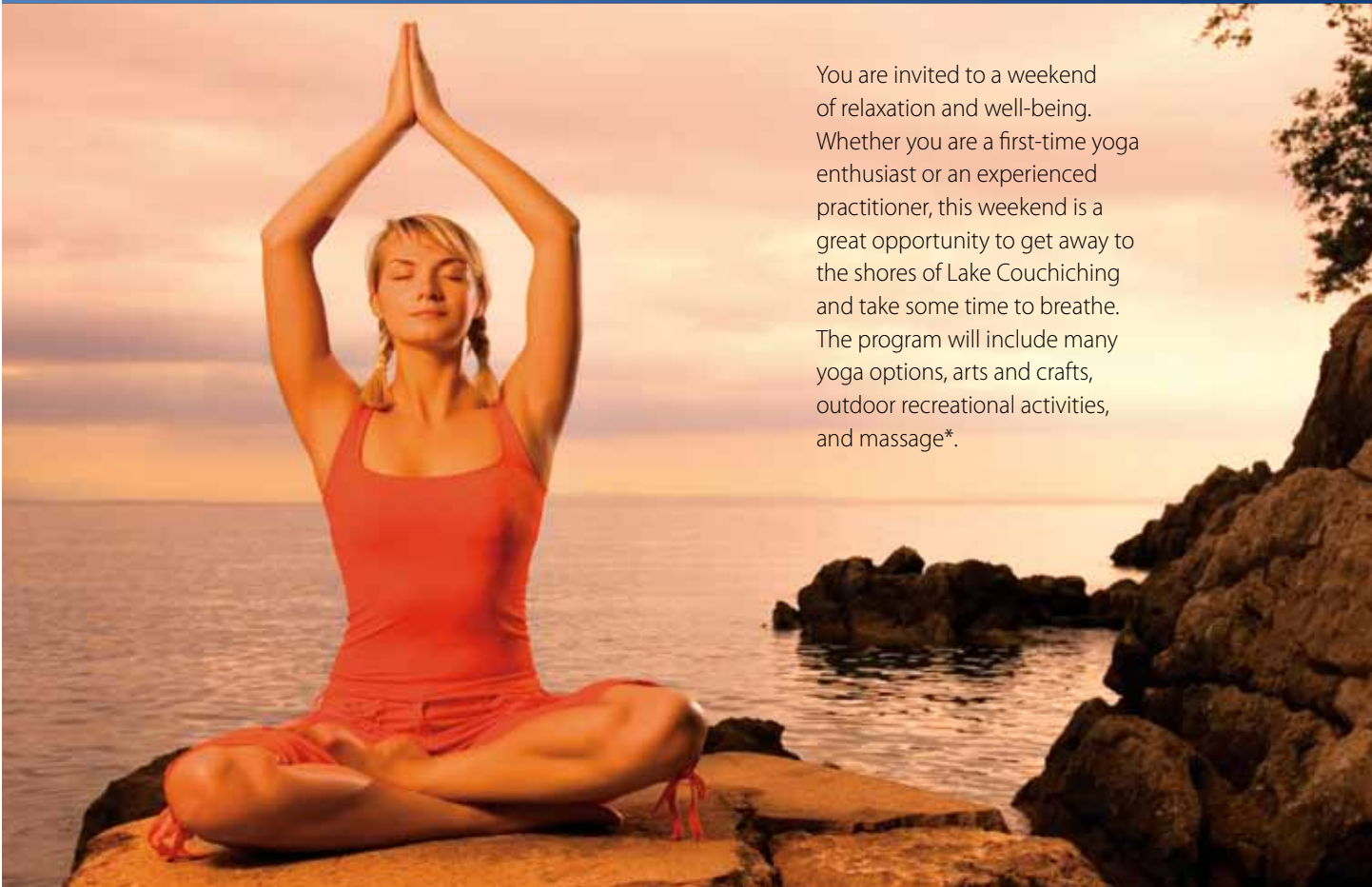


YMCA of Simcoe / Muskoka

**My Y. For Good!**

## YMCA GENEVA PARK YOGA EXPERIENCE

MAY 11-13, 2012



You are invited to a weekend of relaxation and well-being. Whether you are a first-time yoga enthusiast or an experienced practitioner, this weekend is a great opportunity to get away to the shores of Lake Couchiching and take some time to breathe. The program will include many yoga options, arts and crafts, outdoor recreational activities, and massage\*.

### **ONE NIGHT PACKAGE**

Single \$275.00 / Double \$240.00

Includes programs, meals, and accommodation from Saturday at lunch until the end of program on Sunday

### **SATURDAY DAY ONLY**

\$120.00 Includes morning to evening program on Saturday and meals, no accommodation

### **FULL WEEKEND PACKAGE**

Single \$375.00 / Double \$325.00

Includes programs, meals, and two nights' accommodation

### **DAY PACKAGE**

\$195.00 Includes meals and programs, no accommodation

**Call 705-325-2253 or 1-866-895-9622 to register.**

\*massage is available as a fee for service option. All prices are subject to HST.