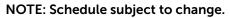
Midland YMCA

Swim Lessons - Summer 2025 June 30 - August 24 2025

Parent and Tot 6 Months-3 Years							
	8 Week Session	8 Week Session	4 Week Sessions				
	Mondays	Wednesdays	Tuesdays	Tuesdays & Thursdays			
Dates	June 30 - Aug 18	July 2 - Aug 20	July 3 - 24	July 29-Aug 21			
Splasher/ Bubbler		5:10 - 5:40pm					
	Preschool 3-5 Years						
	8 Week Session Mondays	8 Week Session Wednesdays		4 Week Sessions Tuesdays & Thursdays			
Dates	June 30 - Aug 18	July 2 - Aug 20	July 3 - 24	July 29-Aug 21			
Bobber	4:00 - 4:30pm		5:45 - 6:15pm	4:35 - 5:05pm			
Floater/ Glider	5:45 - 6:15pm	4:00 - 4:30pm		5:10 - 5:40pm			
Diver/ Surfer/ Jumper	4:35 - 5:05pm	5:45 - 6:15pm	4:00 - 4:30pm	5:45 - 6:15pm			
		Child 6-12 Years					
	8 Week Session Mondays	8 Week Session Wednesdays	4 Week Sessions Tuesdays & Thursdays				
Dates	June 30 - Aug 18	July 2 - Aug 20	July 3 - 24	July 29-Aug 21			
Otter	5:10 - 5:40pm	4:00 - 4:30pm	4:35 - 5:05pm	4:00 - 4:30pm			
Seal/ Dolphin	5:45 - 6:15pm	4:35 - 5:05pm	5:10 - 5:40pm	5:10 - 5:40pm			
Swimmer/ Star 1	4:00 - 4:30pm	5:10 - 5:40pm	5:10 - 5:40pm	5:45 - 6:15pm			
Star 2 & 3	4:35 - 5:05pm	5:45 - 6:15pm	4:35 - 5:05pm	4:00 - 4:30pm			
Star 4	5:10 - 5:40pm		4:00 - 4:30pm				
Star 5/6		4:35 - 5:05pm	5:45 - 6:15pm	4:35 - 5:05pm			
Private Lessons			9:30 - 10:00am	9:30 - 10:00am			

Advanced Aquatics						
Bronze Medallion	July 8 - Aug 26	Tuesdays	4:00 - 6:15pm			
Bronze Cross	July 3 - Aug 23	Thursday	4:00 - 6:15pm			
National Lifeguard - Pool	July 3 - July 31	Tuesday & Thursday	10:00am - 3:00pm			



Please visit our Portal to check on the class times, cancellations or program changes.



Midland YMCA

Swim Lessons - Summer 2025 June 30 - Aug 24 2025

Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

What Swim Level is My Child in? Visit swimgen to find your child's past and current swim reports. Access website below using your child's membership number to look up report card. swimgen.net/search

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck.

Outdoor footwear is not allowed on our pool deck as per public health regulations.

Private Swim Lessons

Please contact your membership centre for scheduling and registration.

One 30 minute lesson	\$50
Four 30 minutes lessons	
Eight 30 minutes lessons	
Twelve 30 minutes lessons	

Swim Program Conversion Chart					
Red Cross	Lifesaving Society	YMCA			
Starfish	Parent and Tot 1	Splasher			
Duck	Parent and Tot 2	Bubbler			
Sea Turtle	Parent and Tot 3	Bubbler			
Sea Otter	Preschool 1	Bobber			
Salamander	Preschool 1	Floater			
Sunfish	Preschool 2	Glider			
Sunfish	Preschool 3	Diver			
Crocodile	Preschool 4	Surfer			
Whale	Preschool 5	Jumper			
Swim Kids 1	Swimmer 1	Otter			
Swim Kids 1	Swimmer 1	Seal			
Swim Kids 2/3	Swimmer 2	Dolphin			
Swim Kids 4/5	Swimmer 3	Swimmer			
Swim Kids 6/7	Swimmer 4	Star 1			
Swim Kids 8	Swimmer 5	Star 2			
Swim Kids 9	Swimmer 6	Star 3			
Swim Kids 9 (400m Swim)	I Pookio				
Swim Kids 10	Ranger	Star 4			
Swim Kids 10 (500m)	Star	Star 6			

Our staff are available to help assess your child's swim level.

If you child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

