

Innisfil YMCA

Child and Youth Programs - Fall 2025

September 08 - October 26

Fall Registered Child and Youth Programs				
Program	3-5	6-9	10-13	Family/All Ages
Basketball Fundamentals	Mondays 5:00-5:45PM	Mondays 6:00PM-7:00PM	Mondays 7:15PM-8:15PM	
Soccer Fundamentals	Wednesdays 5:00-5:45PM	Wednesdays 6:00-7:00PM	Wednesdays 7:15PM-8:15PM	
Aikido		Thursdays 5:15PM-6:15PM		Thursdays 6:30-7:30PM
Hip-Hop/Soca Dance Workshop		Sundays 10:00AM-11:00AM	Sundays 11:15AM-12:15AM	
Barrie Kempettes Gymnastics Club	This program will run on Tuesdays in partnership with the Barrie Kempettes Gymnastics Club. Please see the Innisfil YMCA Front Desk for more information regarding this program			

Basketball Fundamentals (3-5), (6-9), (10-12)

Participants will develop the fundamental skills of basketball, including: dribbling, passing, shooting, and defensive strategy, to complete their play in full court games. Players will be educated about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport.
Fee: Member \$30.00 | Non-Member \$130.00

Soccer Fundamentals (3-5), (6-9), (10-12)

Participants will grow their knowledge in the basic skills of soccer, including: dribbling, passing, shooting and field strategy. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport.
Fee: Member \$30.00 | Non-Member: \$130.00

Aikido (6-9), (Family/All Ages)

Aikido is an effective self-defense martial art that is both non-competitive and non-aggressive. The practice redirects an aggressors' force with well-timed, flowing, circular motions using the attacker's own movements and momentum to compromise balance and stability.
Fee: Member \$70.00 | Non-Member \$120.00

Hip-Hop/Soca Dance Workshop (6-9), (10-13)

Tymin Dance Company's workshop-based programs cater to all levels of dancer and fitness enthusiasts. Their unique blend of Soca and Hip-Hop workshops provides an engaging way to learn about the rich culture of Carnival and the foundational elements of Hip-Hop.
Fee: Member \$70.00 | Non-Member \$120.00

Barrie Kempettes Gymnastics Club

The Innisfil YMCA is partnering with the Barrie Kempettes Gymnastics Club to offer gymnastics lessons at the Innisfil YMCA. Please see the Barrie Kempette's Gymnastic's Club Flyer at the Front Desk to learn more information about this program, including scheduling and fees.

NOTE: Schedule subject to change.

Please visit our Portal to check on the class times, cancellations or program changes.



Innisfil YMCA

Child and Youth Programs - Fall 2025

September 08 - October 26

Membership Included Child and Youth Programs						
Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stay and Play	9:00AM-12:00PM	9:30AM-12:30PM	9:00AM-12:00PM	9:30AM-12:30PM	9:00AM-12:00PM	
Y-Kids (3-9)	5:00PM-8:15PM	5:00PM-8:00PM	5:00PM-8:15PM	5:00PM-8:00PM		9:00AM-12:00PM
Teen Night			5:00PM-7:30PM			
Jr. Leaders (Gr. 5-6)	4:00PM-5:00PM					
Int. Leaders (Gr. 7-8)	5:00PM-6:00PM					
Adv. Leaders (Gr. 9-12)	7:00PM-8:00PM					

Stay and Play (0-5)	Teen Night (Gr. 7 - Gr. 12)
A fun and safe environment for your child(ren) while you work out. A parent or guardian over the age of 16 must remain in the YMCA facility while children are in this program	Teen Night is a fun and safe space for Youth to hangout and socialize with their peers through different activities in our Multi-Purpose Room. Free for all teens.
Y-Kids (3-9)	Youth Leadership (Gr. 5 - Gr. 12)
The YMCA's popular Y Kids program provides supervised activities for children so that parents and/or guardians may workout or participate in a program! Y Kids fosters social development and allows your child to experience a variety of activities, including crafts, sports and structured gym games.	Youth Leaders Program combines leadership training, teamwork and volunteer opportunities to help participants build self-confidence and meaningful connections with peers and members of the community. Included in a Classic Membership, registration is required.

Registration and Withdrawal

Members are welcome to register for programs at any time during a session, subject to availability. Registration for registered programs closes the 2nd week of each session. Refunds will be issued for unused weeks up to the end of the third week. Refunds will not be processed after this date.



Supervision

Children under the age of 10 must be directly supervised by a parent/guardian (16+ years old) or signed in and out of a YMCA instructor-led program



Sign In and Out Procedure

Children under the age of 10 must be signed in and out of YMCA programs by a guardian who is age 14 or older. Children ages 10 years and older may sign themselves in and out programs/lessons.



Appropriate Footwear

For your child's safety, all activities require closed-toe running shoes as footwear. Please do not send your child with croc-style footwear, sandals, flip flops, or boots.

NOTE: Schedule subject to change.

Please visit our Portal to check on the class times, cancellations or program changes.

