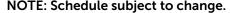
Midland YMCA

Swim Lessons - Fall 2025

September 8 - December 21

Parent and Tot 6 Months-3 Years							
Level	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	
Splasher/ Bubbler	5:10-5:40pm	11:30-12:00pm	5:10-5:40pm	11:30-12:00pm	11:20-11:50am		
Level	Monday	Pre Tuesday	school 3-5 Years Wednesday	Thursday	Saturday	Sunday	
Bobber	11:30-12:00pm 4:35-5:05pm 5:10-5:40pm 5:45-6:15pm	4:00-4:30pm 5:10-5:40pm	4:00-4:30pm 5:45-6:15pm		9:35-10:05am 11:20-11:50am		
Floater/ Glider	4:00-4:30pm 4:35-5:05pm 5:45-6:15pm	4:35-5:05pm 6:20-6:50pm	4:00-4:30pm 6:20-6:50pm		9:00-9:30am 10:10-10:40am		
Diver/ Surfer/ Jumper	5:10-5:40pm	4:35-5:05pm 5:10-5:40pm	4:00-4:30pm 4:35-5:05pm		9:35-10:05am 11:20-11:50am		
Child 6-12 Years and Youth							
Level	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	
Otter	4:00-4:30pm 4:35-5:05pm 5:45-6:15pm	4:00-4:30pm 5:45-6:15pm	5:45-6:15pm	5:10-5:40pm	9:35-10:05am 10:45-11:15am		
Seal/ Dolphin	4:35-5:05pm 6:20-6:50pm	4:35-5:05pm 5:45-6:15pm	4:35-5:05pm 5:10-5:40pm	6:20-6:50pm	9:00-9:30am 10:10-10:40am		
Swimmer/ Star 1	4:00-4:30pm 5:45-6:15pm	5:45-6:15pm 6:20-6:50pm	5:45-6:15pm	4:35-5:05pm	9:35-10:05am 10:45-11:15am 11:20-11:50am		
Star 2 & 3	4:00-4:30pm 6:20-6:50pm	4:00-4:30pm	4:35-5:05pm 6:20-6:50pm	5:45-6:15pm	9:00-9:30am 10:45-11:15am		
Star 4	5:10-5:40pm	5:10-5:40pm			9:00-9:30am 10:45-11:15am		
Star 5/6	6:20-6:50pm	6:20-6:50pm	5:10-5:40pm		10:10-10:40am		
Private Swim Lesson	6:20-6:50pm		11:30-12:00pm 6:20-6:50pm	4:00-4:30pm	10:10-10:40am		
Low Sensory Lessons				4:00-4:30pm 4:35-5:05pm			
Bronze Star				5:10-6:10pm			
Bronze Cross				5:00-7:00pm			
Aquatic Leadership Program Part 1						Sept 22-Dec 15 11:30am-2:30pm	



NOTE: Schedule subject to change.Please visit our Portal to check on the class times, cancellations or program changes.



Midland YMCA

Swim Lessons - Fall 2025

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Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

What Swim Level is My Child in? Visit swimgen to find your child's past and current swim reports. Access website below using your child's membership number to look up report card. swimgen.net/search

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck.

Outdoor footwear is not allowed on our pool deck as per public health regulations.

Private Swim Lessons

Please contact your membership centre for scheduling and registration.

3 3	
One 30 minute lesson	\$50
Four 30 minutes lessons	\$170
Eight 30 minutes lessons	\$320
Twelve 30 minutes lessons	\$450

Swim Program Conversion Chart						
Red Cross	Lifesaving Society	YMCA				
Starfish	Parent and Tot 1	Splasher				
Duck	Parent and Tot 2	Bubbler				
Sea Turtle	Parent and Tot 3	Bubbler				
Sea Otter	Preschool 1	Bobber				
Salamander	Preschool 1	Floater				
Sunfish	Preschool 2	Glider				
Sunfish	Preschool 3	Diver				
Crocodile	Preschool 4	Surfer				
Whale	Preschool 5	Jumper				
Swim Kids 1	Swimmer 1	Otter				
Swim Kids 1	Swimmer 1	Seal				
Swim Kids 2/3	Swimmer 2	Dolphin				
Swim Kids 4/5	Swimmer 3	Swimmer				
Swim Kids 6/7	Swimmer 4	Star 1				
Swim Kids 8	Swimmer 5	Star 2				
Swim Kids 9	Swimmer 6	Star 3				
Swim Kids 9 (400m Swim)	Rookie	Star 4				
Swim Kids 10	Ranger	Star 4				
Swim Kids 10 (500m)	Star	Star 6				

Our staff are available to help assess your child's swim level.

If you child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

