



YMCA Camp

# Kitchikewana

Packing Guide



# What to Bring

## Suggested Clothing & Equipment

- ☐ T-shirts
- ☐ Pants
- ☐ Shorts
- ☐ Socks
- ☐ Underwear
- ☐ Bathing suits
- ☐ Pajamas
- ☐ Sweaters
- ☐ Windbreaker/jacket
- ☐ Raincoat with hood
- ☐ Sneakers (1 pair)
- ☐ Water shoes/sandals
- ☐ Hat (full brim)
- ☐ Pre-labelled envelopes with stamps
- ☐ Paper, pens
- ☐ Pillow
- ☐ Blanket
- ☐ Sleeping bag
- ☐ Fitted single sheet for mattress (optional)
- ☐ Face cloths
- ☐ Toothbrush and toothpaste
- ☐ Shampoo/soap
- ☐ Quick-drying towels
- ☐ Insect repellent
- ☐ Reusable water bottle
- ☐ Flashlight
- ☐ Sunscreen
- ☐ Sunglasses

## Leave at Home

- Money
- Pocket knives
- Valuables
- All food items (including candy)
- Cell phones
- Hand held computer games
- Weapons
- Tobacco and cannabis products
- Illegal drugs
- Alcohol
- Lighters

## Supplemental Gear (Leadership)

- ☐ Water bottle (1 litre capacity)
- ☐ Long underwear (top and bottom)
- ☐ Notebook, paper, & writing utensils
- ☐ Waterproof rain gear (jacket/pants)
- ☐ Wristwatch

***Cell phones are not allowed at camp.  
They must be left at home***





# Suggestions

## Optional Items

- ☐ **Life jacket:** While we have life jackets for all campers, if you choose to send one from home, please remind your child to take it with them when they leave at the end of the session. Please label it clearly and ensure it is the proper size for your child. (Life jackets should fit comfortably and stay in place when your child raises their arms above their head. You should not be able to lift the life jacket over your child's head).
- ☐ **Formal clothes:** A nicer outfit is usually chosen by campers to wear for Gathering (on Sundays) and for Banquet (on the last night of each session)
- ☐ **Disposable Cameras**
- ☐ **Musical instruments**



## Notes & Things to Think About

- We encourage you to send "camp clothes" (clothes that are not particularly special and might get dirty) with your child. Please make sure your camper knows which items you are sending so that they can make sure they go home with them. Sending a packing list with them (listing the specific items they packed) can help as they are packing up.
- Camp staff will make every effort to provide your child the chance to recover lost items on a regular basis. However, your child is ultimately responsible for their belongings.
- Please ensure that you clearly label all of your child's items that come to camp with their name (including all clothing, flashlights, sleeping bags, pillows, etc.). We will endeavour to return all found labelled items to each cabin at the end of each day so that everything that comes to camp makes its way home. At the end of each session, we will hold onto any additional found items (with the exception of socks, underwear, or any obviously ruined items) for 2 weeks. If you reach out to us during that time to inquire about a missing item and we are able to locate it, you can pick it up in Honey Harbour or we can arrange to send it on a camp bus at the start of the next session. However, please remember that the best chance of not having items left at camp is to make sure that you clearly label ALL items so that they go home with your camper at the end of the session. In the absence of labelling, items often mistakenly go home with other campers and we are unable to help in these circumstances.
- Camp will provide dishes and ground sheets for campers to use while on their overnight outtrip.
- Water shoes can be sport sandals or old sneakers that can be worn in the water when supervised programs are held outside of the main swimming area.
- **For prescription drugs:** please clearly label with your camper's name and dosage. All prescription drugs are stored in the Wellness Centre.