

Innisfil YMCA

Swim Lessons - Spring 2026

March 23rd - June 7th

Parent and Tot 6-24 Months						
Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Splasher/ Bubbler	5:10pm-5:40pm	4:00pm-4:35pm	4:35pm-5:05pm	5:45pm-6:15pm		9:35am-10:05am
Preschool 3-5 Years						
Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bobber	4:00pm-4:30pm	4:35pm-5:05pm	4:35pm-5:05pm	4:00pm-4:30pm		9:00am-9:30am
	5:10pm-5:40pm	5:45pm-6:15pm	5:45pm-6:15pm	5:10pm-5:40pm		10:10am-10:40am
	6:20pm-6:50pm	6:55pm-7:25pm	6:55pm-7:25pm	6:20pm-6:50pm		11:20am-11:50am
Floater/Glider	4:35pm-5:05pm	4:00pm-4:30pm	4:00pm-4:30pm	4:35pm-5:05pm		9:35am-10:05am
	5:45pm-6:15pm	5:10pm-5:40pm	5:10pm-5:40pm	5:45pm-6:15pm		10:45am-11:15am
	6:55pm-7:25pm	6:20pm-6:50pm	6:20pm-6:50pm	6:55pm-7:25pm		11:55am-12:25pm
Diver/Surfer/ Jumper	4:00pm-4:30pm	5:10pm-5:40pm	5:45pm-6:15pm	6:20pm-6:50pm		11:20am-11:50am
Child 6-12 Years						
Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Otter	4:00pm-4:30pm	4:35pm-5:05pm	4:00pm-4:30pm	4:00pm-4:30pm		9:00am-9:30am
	5:10pm-5:40pm	5:45pm-6:15pm	5:10pm-5:40pm	5:10pm-5:40pm		10:45am-11:15am
	6:20pm-6:50pm	6:55pm-7:25pm	6:20pm-6:50pm	6:20pm-6:50pm		11:20am-11:50am
	6:55pm-7:25pm	6:55pm-7:25pm	6:55pm-7:25pm	6:55pm-7:25pm		11:55am-12:25pm
Seal/Dolphin	4:35pm-5:05pm	4:00pm-4:30pm	4:35pm-5:05pm	4:35pm-5:05pm		9:35am-10:05am
	5:45pm-6:15pm	5:10pm-5:40pm	5:45pm-6:15pm	5:45pm-6:15pm		10:10am-10:40am
	6:55pm-7:25pm	6:20pm-6:50pm	6:55pm-7:25pm	6:55pm-7:25pm		11:55am-12:25pm
Swimmer/Star 1	4:00pm-4:30pm	4:35pm-5:05pm	4:00pm-4:30pm	4:35pm-5:05pm		9:35am-10:05am
	5:10pm-5:40pm	5:45pm-6:15pm	5:10pm-5:40pm	5:45pm-6:15pm		10:45am-11:15am
	6:20pm-6:50pm	6:55pm-7:25pm	6:20pm-6:50pm	6:55pm-7:25pm		11:20am-11:50am
Star 2 & 3	4:35pm-5:05pm	4:00pm-4:30pm	4:35pm-5:05pm	4:00pm-4:30pm		9:00am-9:30am
	5:45pm-6:15pm	5:10pm-5:40pm	5:45pm-6:15pm	5:10pm-5:40pm		10:10am-10:40am
	6:55pm-7:25pm	6:20pm-6:50pm	6:55pm-7:25pm	6:20pm-6:50pm		11:55am-12:25pm
Star 4,5 & 6	4:35pm-5:05pm	5:45pm-6:15pm	6:20pm-6:50pm	5:10pm-5:40pm		10:45am-11:15am
Private Swim Lesson	6:20pm-6:50pm	4:35pm-5:05pm	5:10pm-5:40pm	4:00pm-4:30pm	6:30pm-7:00pm	10:10am-10:40am
Low Ratio*	5:45pm-6:15pm	6:20pm-6:50pm	4:00pm-4:30pm	4:35pm-5:05pm		9:00am-9:30am

Low Ratio Lessons

This unique and carefully designed inclusive swim program is geared towards children and youth with behavioral or learning barriers. This small-group aquatic program will accommodate different learning styles while providing a fun and safe learning environment in the water. All participants will have the opportunity to play group games, learn about water safety and complete YMCA Swim levels at their own pace. Ages: 6 - 12 years. Group Size: Approximately 2-3 participants per class.

Note: Everyone registered in this class will be sent a questionnaire through email that must be filled out at least 2 days before your child's first lesson so we can ensure appropriate accommodations are made for each individual child registered.

NOTE: Schedule subject to change.

Please visit our Portal to check on the class times, cancellations or program changes.



Innisfil YMCA

Swim Lessons - Spring 2026

March 23rd - June 7th

Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

Star Patrol Program 1-3

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced strokes and skills through the YMCA Star Program.

Star Leadership Program 4-6

Children who are competent swimmers and who have completed the Star Patrol Program can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program develops first aid, lifesaving, and advanced swimming skills.

Swim Program Conversion Chart

Red Cross	Lifesaving Society	YMCA
Starfish	Parent and Tot 1	Splasher
Duck	Parent and Tot 2	Bubbler
Sea Turtle	Parent and Tot 3	Bubbler
Sea Otter	Preschool 1	Bobber
Salamander	Preschool 1	Floater
Sunfish	Preschool 2	Glider
Sunfish	Preschool 3	Diver
Crocodile	Preschool 4	Surfer
Whale	Preschool 5	Jumper
Swim Kids 1	Swimmer 1	Otter
Swim Kids 1	Swimmer 1	Seal
Swim Kids 2/3	Swimmer 2	Dolphin
Swim Kids 4/5	Swimmer 3	Swimmer
Swim Kids 6/7	Swimmer 4	Star 1
Swim Kids 8	Swimmer 5	Star 2
Swim Kids 9	Swimmer 6	Star 3
Swim Kids 9 (400m Swim)	Rookie	Star 4
Swim Kids 10	Ranger	Star 4
Swim Kids 10 (500m)	Star	Star 6

What Swim Level is My Child in?

Visit swimgen.net to find your child's past and current swim reports. Access website below using your child's membership number to look up report card.
swimgen.net/search

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck. Outdoor footwear is not allowed on our pool deck as per public health regulations.

Private Swim Lessons

Please contact your membership centre for scheduling and registration. \$250 for a block of 5 sessions, 30 minutes per session.

Our staff are available to help assess your child's swim level.

If your child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.