

# Midland YMCA

## Swim Lessons - Spring 2026

March 23 - June 28, 2026

Parent and Tot 6 Months-3 Years						
Level	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Splasher/ Bubbler	5:10 - 5:40pm		5:10 - 5:40pm	11:15 - 11:45am	10:10 - 10:40am	
Preschool 3-5 Years						
Level	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Bobber	11:15 - 11:45am 5:10 - 5:40pm 5:45 - 6:15pm	4:35 - 5:05pm	5:45 - 6:15pm		9:35 - 10:05am 10:45 - 11:15am	
Floater/ Glider	5:10 - 5:40pm 6:20 - 6:50pm	5:10 - 5:40pm	4:00 - 4:30pm 6:20 - 6:50pm		9:00 - 9:30am 10:10 - 10:40am	
Diver/ Surfer/ Jumper	4:35 - 5:05pm	4:35 - 5:05pm 5:10 - 5:40pm	5:10 - 5:40pm		10:10 - 10:40am 11:20 - 11:50am	
Child 6-12 Years and Youth						
Level	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
Otter	4:35 - 5:05pm 5:45 - 6:15pm	5:10 - 5:40pm 5:45 - 6:15pm	4:35 - 5:05pm 5:45 - 6:15pm		10:45 - 11:15am	9:35 - 10:05am
Seal/ Dolphin	4:00 - 4:30pm 5:45 - 6:15pm	4:00 - 4:30pm 5:45 - 6:15pm	4:35 - 5:05pm 6:20 - 6:50pm	5:10 - 5:50pm	9:00 - 9:30am 10:45 - 11:15am	10:10 - 10:40am
Swimmer/ Star 1	4:00 - 4:30pm 4:35 - 5:05pm	4:00 - 4:30pm 5:45 - 6:15pm	4:00 - 4:30pm 6:20 - 6:50pm	5:45 - 6:15pm	11:20 - 11:50am	
Star 2 & 3	4:00 - 4:30pm 6:20 - 6:50pm		5:10 - 5:40pm		9:35 - 10:05am	9:00 - 9:30am
Star 4	6:20 - 6:50pm	6:20 - 6:50pm		4:35 - 5:05pm	9:00 - 9:30am	
Star 5/6	5:10 - 5:40pm	6:20 - 6:50pm			9:35 - 10:05am	
Private Swim Lesson	5:45 - 6:15pm 6:20 - 6:50pm	11:15 - 11:45am 6:20 - 6:50pm	5:45 - 6:15pm	6:20 - 6:50pm	11:20 - 11:50pm	9:00 - 9:30am
Low Sensory Lessons				4:00 - 4:30 ages 3-5 4:35 - 5:05pm ages 6-12		
Bronze Star				5:10 - 6:10pm		
Junior Lifeguard Club						9:35 - 10:35am
Adult Drop In Lessons		7:00-7:30pm	11:15 - 11:45am			

**NOTE: Schedule subject to change.**

Please visit our Portal to check on the class times, cancellations or program changes.



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### Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

### Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Little Jumpers program will introduce your preschooler to the basics of swimming.

### Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

### Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

### Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

### Swim Program Conversion Chart

Red Cross	Lifesaving Society	YMCA
Starfish	Parent and Tot 1	Splasher
Duck	Parent and Tot 2	Bubbler
Sea Turtle	Parent and Tot 3	Bubbler
Sea Otter	Preschool 1	Bobber
Salamander	Preschool 1	Floater
Sunfish	Preschool 2	Glider
Sunfish	Preschool 3	Diver
Crocodile	Preschool 4	Surfer
Whale	Preschool 5	Jumper
Swim Kids 1	Swimmer 1	Otter
Swim Kids 1	Swimmer 1	Seal
Swim Kids 2/3	Swimmer 2	Dolphin
Swim Kids 4/5	Swimmer 3	Swimmer
Swim Kids 6/7	Swimmer 4	Star 1
Swim Kids 8	Swimmer 5	Star 2
Swim Kids 9	Swimmer 6	Star 3
Swim Kids 9 (400m Swim)	Rookie	Star 4
Swim Kids 10	Ranger	Star 4
Swim Kids 10 (500m)	Star	Star 6

### What Swim Level is My Child in?

Visit [swimgen.net](http://swimgen.net) to find your child's past and current swim reports. Access website below using your child's membership number to look up report card.  
[swimgen.net/search](http://swimgen.net/search)

Our staff are available to help assess your child's swim level.

If your child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

### Private Swim Lessons

Please contact your membership centre for scheduling and registration.

One 30 minute lesson.....\$50

Four 30 minutes lessons.....\$170

Eight 30 minutes lessons..... \$320

Discount not available online, must be purchased in centre.

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck.

Outdoor footwear is not allowed on our pool deck as per public health regulations.

