



# Preschool, Child, and Youth Programs

## Spring Session 1 - 2026: March 23 - May 17

### Drop In Child Programs

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Stay & Play	0-5 years 9:00-12:00pm	0-5 years 9:00-12:00pm	0-5 years 9:00-12:00pm	0-5 years 9:00-12:00pm	0-5 years 9:00-12:00pm		
Y Kids	3-9 years 5:00-8:00pm	3-9 years 5:00-8:00pm	3-9 years 5:00-8:00pm	3-9 years 5:00-8:00pm		3-9 years 9:00-12:00pm	

### Drop In Youth Programs

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth Basketball		13 years + 2:45-4:30pm 7:45-8:45pm	13 years + 8:00-8:45pm		13 years + 2:30-5:00pm	13 years + 2:30-4:45pm	13 years + 2:30-4:45pm
Youth Gym Space					5:00-8:45pm		
Family Gym			11:30-12:45pm 4:30-5:45pm	4:15-4:45pm			9:15-12:00pm
Open Gym	3:15-4:30pm	6:00-8:45am	3:15-4:30pm	6:00-8:45am 7:45-8:45pm	12:45-2:30pm	10:45-2:30pm	12:00-2:30pm

### Registered Child and Youth Programs

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Volleyball \$	6-9 years 5:00-5:45pm						
Volleyball \$	10-13 years 6:00-7:00pm						
Floor Hockey \$		6-12 years 5:15-6:00pm					
Basketball \$			6-9 years 6:00-6:45pm				
Basketball \$			10-13 years 7:00-8:00pm				
Soccer \$				6-9 years 5:00-5:45pm			
Registered Youth Leaders					10-16 years 6:00-7:30pm		
½ Day Sports Fundamentals PA Day Camp \$					10-13 years 12:00-3:00pm June 5		

## Registration Opens March 7th

All Registered Fundamentals Sports Programs are \$30.00 per session for Members / \$130 per session for Non-Members  
 ½ Day Sport Fundamentals camps are \$25.00 per day for members / \$31.25 per day for non-members

**NOTE: Schedule subject to change.**

Please visit our Portal to check on the class times, cancellations or program changes.



# Preschool, Child, and Youth Programs

## Spring Session 1 - 2026: March 23 - May 17

Program Name	Program Information	
<b>Volleyball Fundamentals \$</b>	Ages 6-9 yrs Mondays 5:00pm - 5:45pm  Ages 10-13 yrs Mondays 6:00pm - 7:00pm	YMCA Volleyball Fundamentals is a skill-based basketball program for children. This program blends fun games with skill exercises and a spotlight on sport-specific fitness. We will guide participants to build their athletic competence, using classes that will teach the major skills and the physical literacy needed for players to succeed in the sport.
<b>Floor Hockey Fundamentals \$</b>	Ages 6-12 yrs Tuesdays 5:15pm - 6:00pm	YMCA Floor Hockey is a skill-based floor hockey program that blends fun games with skill exercises and a spotlight on sport-specific fitness. We will guide participants to build their athletic competence, using classes that will teach the major skills and the physical literacy needed for players to succeed in the sport.
<b>Basketball Fundamentals \$</b>	Ages 6-9 yrs Wednesdays 6:00pm - 6:45pm  Ages 10-13 yrs Wednesdays 7:00pm - 8:00pm	YMCA Basketball Fundamentals is a skill-based basketball program for children. This program blends fun games with skill exercises and a spotlight on sport specific fitness. We will guide participants to build their athletic competence, using classes that will teach the major skills and the physical literacy needed for players to succeed in the sport.
<b>Soccer \$</b>	Ages 6-9 yrs Thursdays 5:00pm - 5:45pm	YMCA Soccer Fundamentals participants will grow their knowledge in the basic skills of soccer, including: dribbling, passing, shooting and field strategy. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport.
<b>Youth Leaders Program is free with a classic YMCA membership</b>	Ages 10-16 yrs Fridays 6:00pm - 7:30pm	Our leadership program combines leadership training, teamwork and volunteer opportunities to help participants build self-confidence and meaningful connection with peers and members of the community. Participants will have the opportunity to participate in both aquatic and the dry land streams of the YMCA leadership program. Participants can expect to volunteer in the YMCA, take part in fun interactive activities and participate in the Youth Wellness program.
<b>Half-Day Sports Fundamentals PA Day Camp \$</b>	Ages 10-13 yrs Friday 12:00pm - 3:00pm June 5th	Led by NCCP-certified coaches and dedicated volunteers, our half-day PA Day Sport Camps are the perfect way for kids to stay active, social, and engaged. Each camp focuses on developing a variety of fundamental sport skills in a fun and supportive environment.

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