



Preschool, Child, and Youth Programs

Summer 2026 Schedule: July 6 - August 23, 2026

Drop In Child Programs - Requires Child/Youth Membership or Day Pass

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stay & Play	0-5 years 9:00-12:00pm		0-5 years 9:00-12:00pm			
Y Kids	3-9 years 4:00-7:15pm	3-9 years 4:00-7:15pm				3-9 years 9:00-12:00pm
Social Gym				0-5 years 10:15-11:15am		

Drop In Youth Programs - Requires Child/Youth Membership or Day Pass

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Volleyball		10+ years 7:30-8:45pm		10+ years 7:30-8:45pm		

Registered Programming - Discounted Rate for Members

Program	Monday 7 Week Session July 6 - Aug 17	Thursday 7 Week Session July 9 - Aug 20	Saturday 7 Week Session July 11 - Aug 22	Tues & Thurs 4 Week Session July 7 - July 30	Wed & Fri 4 Week Session July 7 - July 30	Week Session July 6 - 10 & Aug 10 - 14
3v3 Basketball League \$			12+ Years 12:15-2:45pm			
Outdoor Explorers \$				3-5 years 4:30-5:15pm		
				6-12 years 5:30-6:30pm		
Social Butterflies \$					3-5 years 4:15-5:00pm	
Art Spark \$					6-12 years 5:15-6:15pm	
Disc Golf \$	8+ years 4:30-5:30pm					
All Sports \$					6-9 years 5:15-6:15pm	
					10-13 years 6:30-7:30pm	
Basketball Fundamentals \$		6-9 years 4:30-5:30pm				
		10-13 years 5:45-6:45pm				
Leaders in Training \$						12-15 years 9:30-3:30pm

For information on the programs running, please see the back of the page.

If you have any further questions, please contact us at:

Child and Youth Coordinator - Ashton Cascagnette

Email: ashton.cascagnette@sm.ymca.ca | Phone 705-526-7828 *4

Membership Desk - Phone 705-526-7828 *1

Program Registration for the Summer 2026 Schedule

opens Saturday June 13, 2026 at 9:00am for members and June 15, 2026 for Non-members.



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Program Name	
3v3 Basketball \$	<p>3v3 Basketball is a registered program, either solo or as a team. Teams will be placed into a tournament style bracket with each game being refereed by a staff. Prizes will be handed out at the end of the session.</p> <p>Fee: \$15 per team \$5 single (Membership or Day Pass required).</p>
Outdoor Explorers \$	<p>Learn about the environment through fun activities and wilderness games! Activities focus on nature education, physical activity and crafts.</p> <p>Fee: Member \$35.00 Non-Member: \$130.00</p>
Social Butterflies \$	<p>This program focuses on building friendships, teamwork and collaboration. Children come and do a different activity each week. Some activities may include arts and crafts, STEM creations, games, etc.</p> <p>Fee: Member \$35.00 Non-Member \$130.00</p>
Art Spark \$	<p>Children will explore their imaginative and creative skills through a variety of arts and crafts, dramatic play, movement and musical activities. Children will have opportunities to create projects and share with others. New themes and activities are introduced each week. Materials will be provided.</p> <p>Fee: Member \$35.00 Non-Member \$130.00</p>
Disc Golf \$	<p>YMCA Disc Golf is a skill-based program for children. This program blends fun games with skill exercises and a spotlight on sport specific fitness. We will guide participants to build their athletic competence, using classes that will teach the major skills and the physical literacy needed for players to succeed in the sport. Participants will either be in the gym and/or throuout Little Lake using the Disc Gold course.</p> <p>Fee: Member \$35.00 Non-Member \$130.00</p>
All Sports \$	<p>YMCA All SPort is a skill-based program for children. This program blends fun games with skill exercises and a spotlight on sport fitness. We will guide participants to build their athletic competence, using classes that will teach the major skills and the physical literacy needed for players to succeed in the sports.</p> <p>Fee: Member \$30.00 Non-Member \$130.00</p>
Basketball Fundamentals \$	<p>YMCA Basketball fundamentals is a skill-based program for children. This program blends fun games with skill exercises and a spotlight on sport specific fitness. We will guide participants to build their athletic competence, using classes that will teach the major skills and the physical literacy needed for players to succeed in the sport.</p> <p>Fee: Member \$35.00 Non-Member \$130.00</p>
Leaders in Training \$	<p>The YMCA Leaders in Training (LIT) Program is an exciting and engaging leadership experience designed for youth ages 12–15 who are ready to build confidence, develop leadership skills, and make a positive impact within their community.</p> <p>Through hands-on activities, teamwork challenges, and supervised experience within YMCA summer camps, participants will strengthen their communication, responsibility, problem-solving, and leadership abilities in a fun and supportive environment. While also receiving their Emergency First Aid and Babysitter's Certifications. The program is designed to help youth grow into positive role models while gaining valuable experience that can support future volunteer and employment opportunities.</p> <p>Fee: Member \$165.00 Non-Member \$215.00</p>

NOTE: Schedule subject to change.

Please visit our Portal to check on the class times, cancellations or program changes.