

Innisfil YMCA

Child and Youth Programs - Fall 2026

September 7 - October 25



Fall Registered Child and Youth Programs				
Program	3-5	6-9	10-13	Family/All Ages
Boost Soccer	Mondays 5:00PM-5:30PM	Mondays 5:35PM-6:20PM	Mondays 6:25PM-7:25PM	
Barrie Kempettes	Please see the Barrie Kempettes One Page for class times and fees.			
Next Level Basketball	Wednesdays 5:00PM-5:30PM	Wednesdays 5:35PM-6:20PM	Wednesdays 6:25PM-7:25PM	
Aikido		Thursdays 5:15PM-6:15PM		Thursdays 6:30PM-7:30PM
Basketball Fundamentals	Saturdays 9:00AM-9:30AM	Saturdays 9:35AM-10:20AM	Saturdays 10:25AM-11:25AM	
Soccer Fundamentals	Sundays 9:00AM-9:30AM	Sundays 9:35AM-10:20AM	Sundays 10:25AM-11:25AM	

Boost Soccer (3-5), (6-9), (10-12)	Barrie Kempettes (3-5), (6-8), (9-12)
This Fall, we are partnering with Boost Soccer to boost up our Soccer Program. This Program is the advancement program to our Soccer Fundamentals. Join Boost Soccer Coaches to develop your skills. Soccer Fundamentals is not a required pre-requisite to this program. Member Fee: \$60.00 Non-Member Fee: \$160.00	The Innisfil YMCA is partnering with the Barrie Kempettes Gymnastics Club to offer an exciting introduction to gymnastics for children and youth. Led by certified coaches, this program helps participants build strength, coordination, and confidence in a fun and supportive environment. Member Fee: \$100.00-\$120.00 Non-Member Fee: \$200.00-\$220.00
Next Level Basketball (3-5), (6-9), (10-12)	Aikido (6-9), (Family/All Ages)
This Fall, we are partnering with Next Level Basketball to take our Basketball Program up a level. This Program is the advancement program to our Basketball Fundamentals. Join Next Level Basketball Coaches to develop your skills. <i>Basketball Fundamentals is not a required pre-requisite to this program.</i> Member Fee: \$60.00 Non-Member Fee: \$160.00	Aikido is an effective self-defense martial art that is both non-competitive and non-aggressive. The practice redirects an aggressors' force with well-timed, flowing, circular motions using the attacker's own movements and momentum to compromise balance and stability. Parent participation required for children under 6 years. Member Price: \$70.00 Non-Member Price: \$170.00
Basketball Fundamentals (3-5), (6-9), (10-12)	Soccer Fundamentals (3-5), (6-9), (10-12)
Develop the fundamental skills of basketball, including: dribbling, passing, shooting, and defensive strategy, to complete their play in full court games. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport. Member Price: \$30.00 Non-Member Price: \$130.00	Participants will grow their knowledge in the basic skills of soccer, including: dribbling, passing, shooting and field strategy. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport. Member Fee: \$30.00 Non-Member Fee: \$130.00



REGISTRATION DATES

Members: August 15, 2026

at 9:00am

Non Members: August 18, 2026

at 9:00am



REGISTER ONLINE

ymcaofsimcoemuskoka.ca

Create an account and sign your child up today!



QUESTIONS?

Contact: Kathleen Atkinson

Child & Youth Supervisor

705-431-9622 ext. 4404

kathleen.atkinson@sm.ymca.ca

NOTE: Schedule subject to change. Please visit our Portal to check on the class times, cancellations or program changes.

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Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Creative Play \$ Registration Fee	Music & Movement 10:00AM-10:45AM		Imaginative Play 10:00AM-10:45AM		Sensory Seekers 10:00AM-10:45AM	
Parent & Tot Cardio and Strength	11:00AM-11:45AM		11:00AM-11:45AM		11:00AM-11:45AM	
Parent & Tot Social Gym		11:00AM-12:30PM		11:00AM-12:30PM		
Y Kids	5:00PM-8:00PM	5:00PM-8:00PM	5:00PM-8:00PM	5:00PM-8:00PM		9:00AM-11:30AM
Teen Nights			5:00PM-7:30PM			
Intermediate Leaders	5:00PM-6:00PM					
Advanced Leaders	6:00PM-7:00PM					

Creative Play (0-5)	Parent & Tot Cardio and Strength (Family/All Ages)
It's easier to learn when you're having fun! Kids explore their creativity and imagination through activities such as drama, art, games, circle time and much more. Parent participation is required. Member Fee: \$3.00 Non-Member Fee: \$5.00	A fun, upbeat class for parents and tots to move together through simple cardio and strength activities that build fitness and coordination. Great for bonding while staying active and healthy as a family!
Parent and Tot Social Gym (0-5)	Y Kids (3-9)
Bring your toddlers and preschoolers and enjoy some quality time together while being active at the YMCA drop-in Family Gym program. This is a time for parents and children to enjoy use of the gym for a variety of play activities together. It is also a great time to connect with other families within the community. Equipment will be made available for your use.	The YMCA's popular Y Kids program provides supervised activities for children so that parents and/or guardians may workout or participate in a program! Y Kids fosters social development and allows your child to experience a variety of activities, including crafts, sports and structured gym games.
Youth Leadership (Grade 7-8 Highschool)	Teen Nights (Gr. 7-12)
Get involved, build your skills, and make a difference! This engaging program helps youth connect with peers, grow leadership and communication abilities, earn certifications and school volunteer hours, and explore exciting opportunities like camps, retreats, and even international exchange. It's a chance to develop your potential, give back to your community, and have fun while doing it.	Teen Nights are free and safe drop-in spaces where teens can hang out, try new activities, meet people, and have fun. Join us for music, crafts, games, and of course, snacks. This program is a partnership between the Town of Innisfil, Innisfil IdeaLab & Library, and the Innisfil YMCA.



Supervision

Children under the age of 10 must be directly supervised by a parent/guardian (16+ years old) or signed in and out of a YMCA instructor-led program



Sign In and Out Procedure

Children under the age of 10 must be signed in and out of YMCA programs by a guardian who is age 14 or older. Children ages 10 years and older may sign themselves in and out programs/lessons.



Appropriate Footwear

For your child's safety, all activities require closed-toe running shoes as footwear. Please do not send your child with croc-style footwear, sandals, flip flops, or boots.

NOTE: Schedule subject to change.

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