

Midland YMCA

Child and Youth Programs - Fall-1, 2026

September 8 - October 25



Registered Child & Youth Programs - Ages 3-17				
Program	3-5	6-9	10-12	13-17
Basketball Skills & Drills				Mondays 7:15-8:30pm
Basketball Fundamentals	Wednesdays 4:30-5:00pm	Wednesdays 5:15-6:00pm	Wednesdays 6:15-7:15pm	
Social Butterflies	Fridays 4:30-5:00pm			
Paint n' Create		Fridays 5:15-6:15pm		
Soccer Fundamentals	Thursdays 4:30-5:00pm	Thursdays 5:05-5:50pm	Thursdays 5:55-6:55pm	
Art Spark		Tuesdays 4:30-5:15pm	Tuesdays 5:30-6:30pm	
Basketball Skills & Drills (13-17)			Basketball Fundamentals (3-5), (6-9), (10-12)	
The Youth Basketball Skills & Drills program is led by YMCA staff/volunteer and focuses on learning the basics of basketball in an active, inclusive and safe environment. A variety of fun, age-appropriate activities will be facilitated each week allowing participants to build on both basketball and fundamental movement skills. The program is also designed to emphasize sportsmanship and team play Member Fee: \$30.00 Non-Member Fee: \$130.00			Develop the fundamental skills of basketball, including: dribbling, passing, shooting, and defensive strategy, to complete their play in full court games. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport. Member Fee: \$30.00 Non-Member Fee: \$130.00	
Social Butterflies (3-5)			Paint n' Create (6-12)	
This program focuses on building friendships, teamwork and collaboration. Children come and do a different activity each week. Some activities may include arts and crafts, STEM creations, games, etc. Fee: Registration Fee: \$40.00 Non-Member Fee: \$140.00			Children will explore their creativity and self-expression through a variety of fun and engaging painting projects using different techniques, tools, and materials. Participants will have opportunities to experiment with color, develop their artistic skills, and create unique works of art to take home each week. New themes and painting activities are introduced each week. All materials will be provided. Member Fee: \$40.00 Non-Member Fee: \$140.00	
Soccer Fundamentals (3-5), (6-9), (10-12)			Art Spark (6-9), (10-12)	
Participants will grow their knowledge in the basic skills of soccer, including: dribbling, passing, shooting and field strategy. YMCA Instructors will educate players about rules and etiquette while encouraging teamwork and fitness competencies needed to play the sport. Member Fee: \$30.00 Non-Member Fee: \$130.00			Children will explore their imaginative and creative skills through a variety of arts and crafts, dramatic play, movement and musical activities. Children will have opportunities to create projects and share with others. New themes and activities are introduced each week. Materials will be provided. Member Fee: \$40.00 Non-Member Fee: \$140.00	



REGISTRATION DATES

Members: August 15, 2026

at 9:00am

Non Members: August 18, 2026

at 9:00am



REGISTER ONLINE

ymcaofsimcoemuskoka.ca

Create an account and sign your child up today!



QUESTIONS?

Contact: Ashton Cascagnette:

Child & Youth Supervisor

705-526-7828 ext. 4

ashton.cascagnette@sm.ymca.ca

NOTE: Schedule subject to change. Please visit our Portal to check on the class times, cancellations or program changes.

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Membership Included Child and Youth Programs						
Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Child Minding	9:00-12:00am		9:00-12:00am			
Creative Play		9:15-10:00am		9:15-10:00am		
Parent & Tot Social Gym		10:15-11:45am		10:15-11:45am		
Y-Kids (3-9)	4:00-7:00pm	4:00-7:00pm				9:00-12:00pm
Youth Volleyball		7:15-8:45pm		7:15-8:45pm		
Leadership		Gr. 9/10 & 11/12 3:00-5:00pm	Gr. 5/6 & 7/8 3:30-5:00pm			

Child Minding (0-5)	Creative Play (0-5)
A fun and safe environment for your child(ren) while you work out. A parent or guardian over the age of 16 must remain in the YMCA facility while children are in this program. Member Fee: \$3.00 per hour Non-Member Fee: \$5.00 per hour	It's easier to learn when you're having fun! Kids explore their creativity and imagination through activities such as drama, art, games, circle time and much more. Parent participation is required. Member Fee: \$3.00 Non-Member Fee: \$5.00
Parent & Tot Social Gym (0-5)	Y-Kids (3-9)
Bring your toddlers and preschoolers and enjoy some quality time together while being active at the YMCA drop-in Family Gym program. This is a time for parents and children to enjoy use of the gym for a variety of play activities together. It is also a great time to connect with other families within the community. Equipment will be made available for your use.	The YMCA's popular Y Kids program provides supervised activities for children so that parents and/or guardians may workout or participate in a program! Y Kids fosters social development and allows your child to experience a variety of activities, including crafts, sports and structured gym games.

Registration and Withdrawal

Members are welcome to register for programs at any time during a session, subject to availability. Registration for registered programs closes the 2nd week of each session. Refunds will be issued for unused weeks up to the end of the third week. Refunds will not be processed after this date.



Supervision

Children under the age of 10 must be directly supervised by a parent/guardian (16+ years old) or signed in and out of a YMCA instructor-led program



Sign In and Out Procedure

Children under the age of 10 must be signed in and out of YMCA programs by a guardian who is age 14 or older. Children ages 10 years and older may sign themselves in and out programs/lessons.



Appropriate Footwear

For your child's safety, all activities require closed-toe running shoes as footwear. Please do not send your child with croc-style footwear, sandals, flip flops, or boots.

NOTE: Schedule subject to change.

Please visit our Portal to check on the class times, cancellations or program changes.