Tamarack North Centre | Parry Sound

Swim Lessons - Fall 2026

Opening Fall 2026

Parent and Tot 6 Months-3 Years							
Level	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Splasher/ Bubbler		4:00 - 4:30pm 4:35- 5:05pm	11:15am-11:45am	4:00 - 4:30pm 4:35 - 5:05pm		10:00 - 10:30am	
Preschool 3-5 Years							
Level	**Monday**	**Tuesday**	**Wednesday**	**Thursday**		**Saturday**	**Sunday**
Bobber		4:00 - 4:30pm 5:10 - 5:40pm 5:45 - 6:15pm		4:00 - 4:30pm 5:10 - 5:40pm 5:45 - 6:15pm		11:10 - 11:40am 11:45 - 12:15pm 12:50 - 1:20pm	
Floater/ Glider		5:10 - 5:40pm 5:45 - 6:15pm		5:10 - 5:40pm 5:45 - 6:15pm		10:35- 11:05am 11:45 - 12:15pm 1:00 - 1:30pm	
Diver/ Surfer/ Jumper		4:00 - 4:30pm 5:45 - 6:15pm 6:20 - 6:50pm		4:00 - 4:30pm 5:45 - 6:15pm 6:20 - 6:50pm		10:00 - 10:30am 10:35 - 11:05am 12:20 - 12:50pm 1:00 - 1:30pm	
Child 6-12 Years and Youth							
Level	**Monday**	**Tuesday**	**Wednesday**	**Thursday**		**Saturday**	**Sunday**
Otter		5:10 - 5:40pm 5:45 - 6:15pm		5:10 - 5:40pm 5:45 - 6:15pm		10:00 - 10:30am 10:35 - 11:05am 11:10-11:40am 12:20 - 12:50pm	
Seal/ Dolphin		4:35 - 5:05pm 5:10 - 5:40pm 6:20 - 6:50pm		4:35 - 5:05pm 5:10 - 5:40pm 6:20 - 6:50pm		10:35 - 11:05am 11:10 - 11:40am 11:45 - 12:15pm 12:50 - 1:20pm	
Swimmer/ Star 1		4:35 - 5:05pm 6:20 - 6:50pm		4:35 - 5:05pm 6:20 - 6:50pm		11:10 - 11:40am 12:20 - 12:50pm	
Star 2 & 3		4:00 - 4:30pm		4:00 - 4:30pm		11:45- 12:15pm 12:20 - 12:50pm	
Star 4		4:35 - 5:05pm		4:35 - 5:05pm			
Star 5/6							
Star 4/5/6		6:20- 6:50pm		6:20-6:50pm		12:50 - 1:20pm	
Private Swim Lesson	**Available upon request*** See membership desk for scheduling and registration.						

NOTE: Schedule subject to change.
Please visit our Portal to check on the class times, cancellations or program changes.

Shine On

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Parent and Tot

YMCA Parent and Tot program will introduce your baby, toddler, or preschooler to the basics of swimming. Caregiver assisted child program to develop comfort in the water, familiarity to environment and to promote water fun.

Preschool Swim Lessons

You're never too young to enjoy the water! The YMCA Li'l Jumpers program will introduce your preschooler to the basics of swimming.

Learn to Swim

At the YMCA, we believe that swimming benefits your child through better health, new friends, and self-confidence. The YMCA Learn to Swim program is a series of four swimming levels focused on technique, stroke development and endurance.

Star Program 1-4

Children who have completed the YMCA Learn to Swim Program or equivalent can develop more advanced skills through the YMCA Star Program.

Star Program 5-6

Children 10 years or older who are competent swimmers can take the YMCA Star Leadership Program. Combining leadership opportunities with the Lifesaving Society's Canadian Swim Patrol program, the YMCA Star Leadership Program consists of two levels - Star 5 and Star 6 - that develop first aid, lifesaving, and advanced swimming skills.

Swim Program Conversion Chart

Red Cross	Lifesaving Society	YMCA
Starfish	Parent and Tot 1	Splasher
Duck	Parent and Tot 2	Bubbler
Sea Turtle	Parent and Tot 3	Bubbler
Sea Otter	Preschool 1	Bobber
Salamander	Preschool 1	Floater
Sunfish	Preschool 2	Glider
Sunfish	Preschool 3	Diver
Crocodile	Preschool 4	Surfer
Whale	Preschool 5	Jumper
Swim Kids 1	Swimmer 1	Otter
Swim Kids 1	Swimmer 1	Seal
Swim Kids 2/3	Swimmer 2	Dolphin
Swim Kids 4/5	Swimmer 3	Swimmer
Swim Kids 6/7	Swimmer 4	Star 1
Swim Kids 8	Swimmer 5	Star 2
Swim Kids 9	Swimmer 6	Star 3
Swim Kids 9 (400m Swim)	Rookie	Star 4
Swim Kids 10	Ranger	Star 4
Swim Kids 10 (500m)	Star	Star 6

What Swim Level is My Child in?
Visit swimgen to find your child's past and current swim reports. Access website below using your child's membership number to look up report card.
swimgen.net/search

Please remember to bring secondary indoor footwear to wear in our wet areas and on the pool deck.
Outdoor footwear is not allowed on our pool deck as per public health regulations.

Private Swim Lessons
Please contact your membership centre for scheduling and registration.
One 30 minute lesson.....$50
Four 30 minutes lessons.....$170
Eight 30 minutes lessons..... $320
Twelve 30 minutes lessons.....$450

Our staff are available to help assess your child's swim level.
If you child has taken swim lessons outside of the YMCA simply use the above conversion chart to know which YMCA level to put your child in.

Shine On